

**Table 5 New York State Advisories on the Consumption of Sportfish for Waters of the Niagara River and U.S. Tributaries (NYSDOH, 1998)**

Water	Species	Recommendations	Chemicals of Concern
Niagara River, above Niagara Falls	Carp	Eat no more than one meal per month	PCBs
Niagara River, below Niagara Falls	White perch, American eel, channel catfish, carp, lake trout over 25", brown trout over 20", chinook salmon	Eat none	PCBs, Mirex, Dioxin
Tonawanda Creek, Lockport to Niagara River	Carp	Eat no more than one meal per month	PCBs
Buffalo River/Harbor	Carp	Eat none	PCBs
Cayuga Creek	All species	Eat none	Dioxin
Gill Creek, mouth to Hyde Park Lake Dam	All species	Eat none	PCBs, Dioxin

Note the additional general advisories, applicable to the Niagara River and U.S. tributaries, recommended by NYSDOH to minimize potential adverse health impacts:

- Eat no more than one meal (one-half pound) per week of fish from New York State fresh waters.
- Women of childbearing age, infants, and children under the age of 15 should not eat any fish species from the waters listed above.
- Follow trimming and cooking advice described in NYSDOH (1998).
- Observe the above restrictions from these waters and their tributaries to the first barrier impassable by fish.